



CLINICAL PSYCHOLOGY PROGRAM, Psy.D.

DOCTORAL OF PSYCHOLOGY

- New York City
- 116 credits
- On-campus
- Full-time
- Start semester: Fall

APPLICATION REQUIREMENTS

- Bachelor's degree from an accredited university or college
- 15 undergraduate credits in psychology
- Completion of the GRE
- Completion of TOEFL or IELTS score (if applicable)
- Personal statement
- Curriculum Vitae or Resume
- In person interview if selected (virtual accommodations available in some cases)
- Three letters of recommendation

PREREQUISITES (FROM ACCREDITED INSTITUTION)

- Introduction to Psychology/
Fundamentals of Psychology
- Statistics
- Abnormal Psychology
- Research Methods
- Theory of Personality or Social Psychology
- Developmental Psychology
- Physiological Psychology

CONTACT

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The Adult Clinical Psy.D. program at Ferkauf Graduate School of Psychology of Yeshiva University is the oldest program at Ferkauf. It was established in 1979 and has been fully accredited by the American Psychological Association (APA) since 1985. The program has been maintained in the Scholar-Practitioner tradition and is designed to educate students in the conceptual, empirical, and applied foundations of clinical psychology. It is a five-year program of study that consists of four years of coursework, intensive practica, and supervised experiences, culminating in a full-time internship in the fifth year.

The Clinical Psy.D. program has a long-standing history of excellence in training generalist clinical psychologists who receive broad and extensive training in a variety of **assessment, research, and therapeutic approaches** so that they are able to work with a **variety of populations in diverse settings** upon graduation. The program prides itself on the broad and comprehensive scope of its clinical training, including practicum experiences at a variety of prestigious externship sites over three years, as well as all four years in our on-site Parnes University Clinic that serves the community.

Our students consistently match at a wide range of stellar externships and top internships across the region and country. **The Clinical Psy.D. program has averaged a 97% match success rate over the last decade and beyond.** Our students are well prepared to receive a diverse range of leading post-doctoral fellowships and jobs upon graduation and go on to become sought after clinicians, leaders, scholars, teachers, and supervisors who work in academic centers, hospitals, universities, clinical and community centers, and in individual and group practice. Our 1000+ alumni network offers our graduates an extensive and close-knit community, leading to opportunities for career advisement, jobs, and professional development.

ABOUT THE FERKAUF GRADUATE SCHOOL OF PSYCHOLOGY

Under the leadership of **Dean Leslie F. Halpern**, Ferkauf continues to enjoy a prominent position among our peers, providing top-level academic and field preparation for strong students. The Ferkauf reputation extends beyond our borders: 64 countries are represented in our student body. Our graduates, eligible for New York State licensure in psychology, fill leadership positions in a wide range of institutions.

All our programs are registered by the New York State Education Department and meet its requirements.

CURRICULUM

Students are trained in humanistic principles, **common factors of psychotherapy, cognitive-behavioral therapy (CBT) and psychodynamic therapy (PDT)**, and have the option to further deepen their clinical skills in CBT and/or PDT. Students may elect to complete a number of minors, including the **Clinical Neuropsychology Minor, Addictions Minor, and Geropsychology Minor**. The Clinical Psy.D. Program also offers specialized training in group therapy, couples and family therapy, and in the treatment of older adults, asylum seekers, youth, and other populations. Students also receive intensive and comprehensive training in **assessment**, which broadens their range of clinical skills and augments their application for externship and internship sites. Students engage in hands-on deliberate practice and receive intensive supervision in both individual and group formats, and through direct observation. Didactic courses are augmented by small intensive practicum groups or applied labs to facilitate the application and practice of didactic material. Students receive comprehensive training in research and in the integration of science and practice, which enables them to conduct research and to incorporate cutting edge science into their clinical practice over the course of their career. Other areas of specialization (either through research or clinical training, and in some instances both) include anxiety disorders, OCD, depression, trauma, PTSD, eating disorders, personality disorders, addictions, bereavement, existential distress, meaning centered psychotherapy, psychotherapy integration, psychotherapy process, therapeutic alliance and ruptures, vulnerability, prevention, and treatment, emotional regulation, mindfulness, foundations and mediators of change, dissemination and implementation science, and neuropsychology.

Required Courses (69 Credits)

FOUNDATION CLASSES IN PSYCHOLOGY

- PSA 6181 Multicultural & Diversity Issues
- PSA 6601 History & Systems of Psychology
- PSA 6515 Lifespan Development
- PSC 6930 Physiological Psychology
- PSA 6071 Psychopharmacology
- PSA 6405 Social Psychology
- PSA 6472 Cognitive and Affective Bases of Behavior
- PSA 6371 Issues in Professional Practice
- PSC 6813/6814 Lifespan Psychopathology I and II

ASSESSMENT COURSES AND PRACTICUM

- PSC 6435 Clinical Interviewing with Practicum
- PSC 6441 Cognitive Assessment with Practicum
- PSC 6442 Personality Assessment with Practicum
- PSC 6446/6447 Clinical Assessment with Practicum I and II

PSYCHOTHERAPY COURSES AND PRACTICUM

(Tracks options available)

- PSC 6436L Basic Psychotherapy Skills Practicum
- PSC 6191 Concepts in Psychotherapy
- PSC 6497 Cognitive Therapy
- PSC 6478 Behavior Therapy
- PSC 6470 CBT of Anxiety and Depressive Disorders I
- PSC 6471 CBT of Anxiety and Depressive Disorders II
- PSC 6502A & PSC 6503A Individual Psychotherapy Practicum—Intro CBT

- PSC 6504A & PSC 6505A Individual Psychotherapy Practicum—Advanced CBT
- PSC 6486 Evidence-Based Psychodynamic Therapies
- PSC 6175 Object Relations
- PSC 6491 Self-Psychology
- PSC 6498 Interpersonal and Relational Psychotherapy
- PSC 6492A & PSC 6493A Individual Psychotherapy Practicum—Intro Psychodynamic
- PSC 6494A & PSC 6495A Individual Psychotherapy Practicum—Advanced Psychodynamic

RESEARCH COURSES

- PSA 6280 Statistics
- PSC 6287 Research Methods and Design
- PSC 6288 Integrating Clinical Practice and Research
- PSC 6537 Data Analysis or PSA 6289 Qualitative Research

SPECIALTY RESEARCH SEMINARS (Two required)

- PSC 6574/6575 Psychodynamic Process Research I and II (Dr. Aafjes-van Doorn)
- PSC 6576/6577 Psychodynamic Process and Trauma Narrative I and II (Dr. Bekes)
- PSC 6520/6528 Effective Psychotherapists: An Integrative Approach I and II (Dr. Eubanks)
- PSC 6578/6579 Moral Foundations of Self Change I and II (Dr. Gorlin)
- PSC 6474/6475 Vulnerability, Prevention, and Treatment of Anxiety Disorders, Depression, OCD, and Trauma I and II (Dr. McGinn)
- PSC 6580/6581 Cognitive Processes in Depression and Anxiety (Dr. Quigley)
- PSC 6601 Grief, Loss, and Meaning I and II (Dr. Roberts)

- PSC 6602 Mindfulness and Eating I and II (Dr. Sala)
- PSC 6529/6530 Research in Depression and Personality Disorder in Older Adults I and II (Dr. Zweig)

Other Required Courses (20 credits)

- PSC 6551/6552/6553/6554 Professional Seminar I, II, III, IV
- PSC 6944/6945/6946/6947/6948/6949 Externship I, II, III, IV, V, VI
- PSC 8941 Internship

ELECTIVE AND SPECIALIZED COURSES

- PSC 6448 Psych Assessment and Treatment of Older Adults
- PSC 6464 Concepts in Couples and Family Therapy
- PSC 6449L Geriatric Neuropsychology Practicum
- PSC 6449/6450 Gero-Psychology Practicum I, II
- PSH 6011/6012 Introduction to Clinical Neuropsychology I, II
- PSH 6014 Neuroscience of Human Behavior, Cognition, and Affect
- PSC 6461 Principles of Group Therapy
- PSC 6509 Supervision & Consultation with Practicum
- PSC 6484 Assessment and Treatment of Substance Use Disorders
- PSH 6421 Health and Addictions
- PSS 6118 Psychodynamic Theory with Children and Families
- PSS 6400 Neurodevelopmental Disorders
- PSS 6213/6214 Evidence Based Interventions for Youth I and II
- PSC 6544 Working with Asylum Seekers
- PSC 6289 Dreams in Psychotherapy



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